Winter

2022

E-Bulletin

Oasis Academy Silvertown Winter Newsletter





Principal's Message

Dear Parents and Carers

It has been a real privilege to educate our Silvertown students this term, and to welcome our students and community into our wonderful new building. I continue to receive positive feedback from visitors to the academy about our students' exemplary attitudes to learning and focus, as well as the warm, friendly family atmosphere we have created here at Oasis Silvertown which we know is underpinned by strong relationships and high expectations. Our students truly embody our mission "Ready for University, Ready to lead" and our values of being proud, professional, nice, independent and resilient.

We welcomed in the Ofsted Inspection team a few days into the new term for an ungraded inspection, and were delighted with the contents of the report and the positive outcome. Inspectors noted that "learning is at the core life of the academy" and that students' behaviour is "calm and orderly," noting the "high expectations" of staff and motivation our students have to strive for our Silvertown values. They also commented that "pupils with SEND are well supported" and that our students "enjoy school and are safe." You can read the full report here

Highlights

Our Year 11 2022 Cohort achieved excellent results in their GCSE Exams, with 86% of students receiving passes at 4+ in English and Maths and 68% at 5+. This constitutes some of the highest attainment at Grades 4+ and 5+ in the borough. We achieved a progress score of 0.43, well above national average. We are so proud of all our graduating cohort have achieved and know they will continue to inspire the next cohorts of students as part of our Alumni programme.



Our Year 11 alumni are currently studying at a wide range of excellent sixth form provisions including: Harris Academy Chobham, London Academy of Excellence, Brampton Manor Sixth Form, Newham Collegiate (NCS) and Oasis Academy South Bank. We are also proud to have earlier alumni progressing through university degrees at the University of Cambridge, The University of Warwick and Kings College London to name but a few. We are proud and delighted to also have many of our earlier cohorts in full time apprenticeships and working in our local community. We even have an alumnus now commencing teacher training at university. We have already held 2 social events for alumni and were delighted to have so many of them come back to support our current Year 11 at their Post 16 Options Evening in November. We continue to maintain strong links with all local sixth forms and continue to have London Academy of Excellence students supporting some of our students with their reading every week.

As our last year's Year 11 take the next step on their educational journey, we have welcomed in our new cohort of Year 7 students into our Silvertown family. The cohort have already enjoyed a year group visit to the pantomime at Stratford Theatre. We are pleased to see so many of them have taken on leadership roles already, even making speeches to parents at open evening and open day events.

I am proud that we continue to be a beacon of excellence for the arts, music and enrichment and we have already held 2 whole academy enrichment days on "Healthy Living" and "STEM: Science, Technology Engineering and Maths." You can read more about the activities our students took part in later in the newsletter. Our Winter Performance Showcase" was a great success and included inspiring performances from "The Taming of the Shrew" by our GCSE drama class, our Year 9 Drumworks group and our Year 7 Singers. Our students have performed at all kinds of high profile events and local venues this term, including the Shakespeare Schools' Festival and at our community carol service.

New roles

We are pleased and proud that Ms Smith has been appointed as Oasis National Lead Practitioner for SEND. This means that as well as continuing her role here, she will support our wider Oasis Family too. We thank all of our committed and dedicated staff for all their hard work throughout the term.

Reminders

- SAFETY: We encourage all our students to minimise time on social networking sites over the holidays, but to spend time with friends, family and completing activities. You can find activities for your child to join at our community partner organisation, West Silvertown Foundation by going to @wsfroyaldocks on twitter or visiting www.wsfroyaldocks.org. Later on in this newsletter, you can also find information on activities for young people offered by Newham Council. Mr Gordon, Our Designated Safeguarding Lead, has also provided all students via Show My Homework with information on how to keep safe over the holidays, including helpful websites and contact numbers.
- START OF SPRING TERM AND KEY DATES: Our first day of Spring Term is Monday 09 January 2023. Please see the letter sent to you on Tuesday 20 December to check the start time for your child. This letter also includes a list of key dates for your diary of events planned next term including parents' evenings and Year 9 options events.
- UNIFORM AND APPEARANCE: Our students continue to look smart and professional; please note the
 uniform and appearance expectations which appear on our website if purchasing new items of clothing/
 uniform over the Christmas break.
- COFFEE AND CATCH UP WITH THE PRINCIPAL: Our next "Coffee and Catch up with the Principal" event is scheduled for 26 January 4.30pm-5.30pm. Parents can attend via TEAMS or in person. Our theme for this catch up will be Online Safety Please RSVP to Mrs DuCran, PA to the Principal at

Anna.DuCran@oasissilvertown.org

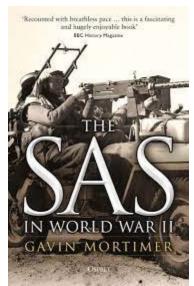
Lastly, I wish all our students, parents, carers, families and community a restful Christmas Break and a peaceful New Year.

Best wishes

Ms Thompson **Principal**

History Club

Every Tuesday in room 2.13 during lunch time we have History club which has proved to be incredibly popular amongst our lovely historians. For the past three weeks we have focused on really interesting topics which extends outside of the incredible, diverse and powerful curriculum we have here.



The SAS in World War II by Gavin Mortimer

We have completed research on the SAS army during WW2, the Tower of London and also the Great Wall of China.



The Tower of London



We have gathered and shared loads of research through partner discussions, debates, collaborative of discussions sharing knowledge of topics, loads of cold calling and watching inciteful videos on these topics to bring our historians together. The topics that we are focusing on in future sessions have been asked by the students who have attended the club, empowering student voice, and ensuring our attendees feel valued and feel great about attending every week, and inspired loads of students to attend and this club is building its strong reputation from strength to strength.

Article by Mr Monaf - Subject Lead History



Student Leadership

This term was a busy one for student leadership. We have rolled out a range of different roles around the school to support our students in becoming *Ready to Lead* at Oasis. For example, Mr Pudney recruited a group of sports ambassadors to support with lunchtime games. In addition, we have our Year 11 Prefects supporting with lunchtimes in the hall. We really value our leaders here at Oasis and are very grateful for their contributions to school life.



Lendlease Building

This term, we also entered into a competition run by a Building company, Lendlease. Four teams from different year groups at our academy entered to have the chance to compete against other schools also entering the competition. The goal was to present an idea for how to attract young people to the new development at the Millennium Mills site - right by our school! Congratulations to our Year 8 team - Keeyan, Godwin, Ridwaan, Vukasin and Harold - who competed in the finals

against other schools and came second. They showed fantastic commitment and leadership throughout the process.

Mr Norman-Walker Teacher of English and Leadership Team Associate



PE Department

It has been a fantastic start to the school year and we have all been really excited about using our brand new sports hall and MUGA for PE lessons.



Sports Hall

Students have been doing a variety of sports this term including problem solving, netball, football, basketball and table tennis. The PE department have been running lots of activities at lunchtime and we have seen a great number of students turn up to use the sports hall for basketball and table tennis.



MUGA
Article by Mr Polston – Head of Learning Area - PE and Senior
Head of House



Extra Curricular Clubs & Fixtures

The PE team have had several fixtures this term including a triumphant result for our Year 7 basketball team against Brampton Manor. Brampton are one of the best teams in the borough students however our showed determination and dedication to overcome them with a 24-2 win. We have recently set up a local partnership with Royal Wharf Primary school that allows their Year 6 students to come over and experience our facilities and have even had a netball game and a football match against our current Year 7s. We look forward to working with Royal Wharf and continuing the partnership for many years to come.

Article by Mr Polston – Head of Learning Area - PE and Senior Head of House



Alumni

We were thrilled to invite back some of our former pupils as part of our first Annual Alumni Evening back in September. This saw cohort of Oasis Silvertown leavers come into our new academy, catch up with each other, and receive a tour of the building. They were so impressed with our new space and it was lovely to see them again. Many of them volunteered at our Post-16 Evening for Year 11, where they shared with our students lots of advice around Post-16 choices - they made a real difference to our current students thinking about their next steps when they leave us in July. We also welcomed our Year 11 leavers from this year back on Monday 19 December to catch up with them and check in on how they are settling into their new placement. It is always amazing to hear what they have achieved after leaving Oasis.

Article by Mr Norman-Walker Teacher of English and Leadership Team Associate



Journalism Club

We would like to congratulate Jayden in Year 11 for starting up his own club this term - Journalism Club. This club meets every Wednesday to plan and write articles which are shared with the pupils via their iPads. To show such independence in coming up with this idea for the school was amazing from Jayden, who has been balancing this commitment with his GCSE studies.



The Silvertown Chronicles

A massive congratulations to all the students who have contributed to 'The Silvertown Chronicles' with articles about world news, sports, school news, and much more! Well done everyone involved in Journalism Club.

Article by Mr Norman-Walker Teacher of English and Leadership Team Associate



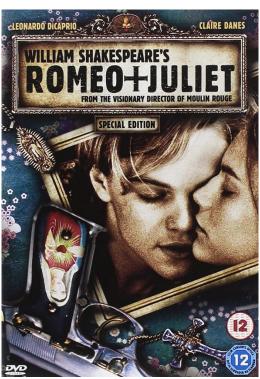
English Department

This year, KS3 students studied new texts. It has been great to see Year 7 working hard on Greek myths and Antigone, Year 8 developing their knowledge of Shakespeare whilst studying 'Romeo and Juliet' and Year 9 challenging

themselves whilst studying Shakespeare's 'Othello'.



Antigone



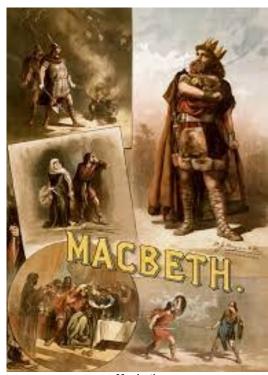
Romeo and Juliet

Moving on to KS4, well done to Year 10 who have started their GCSE course by studying 'Macbeth', and developing their creative writing. Well done to Year 11 who have worked hard and have completed their Autumn Mocks.

OTHELLO



Othello



Macbeth

Article by Ms Charles - Head of Learning Area - English



Geography Field Trips

This term Year 11 geographers successfully conducted their human and physical geography fieldwork. Fieldwork accounts for 30% of their overall GCSE grade.

For their physical fieldwork, the Year 11 geography class went to Juniper Hall Field Studies Centre in Surrey, where they investigated how the River Tillingbourne channel changes as you move downstream. It was a very wet and cold day but that did not put the year 11 students off! They waded through the river and got their data.



Juniper Hall Field Studies Centre in Surrey



Year 11 Students along the River Tillingbourne



Year 11 students attending an information session at Juniper Hall Field Studies Centre

Later on in the term, Year 11 conducted their human fieldwork in the local area. They gathered data to try and prove the following hypothesis: Housing inequality exists in Newham. They compared North Woolwich and Royal Wharf.



North Woolwich Housing



Royal Wharf Housing

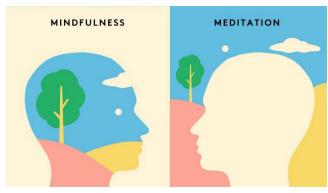
Article by Ms Mukasa Head of Geography



Mental Health & Wellbeing

We celebrated our Healthy Living Enrichment day and took part in some brilliant mindfulness activities including mindfulness colouring, thinking about the big picture and imagining our favourite place to be. We have announced our Student Wellbeing Leads and are so excited to continue their great work in January!

Ellie Year 8 Michelle Year 10 Joel Year 8 Marharyta Year 9 Maryam Year 9 Ayomide Year 9 T'Niyah Year 8 Fares Year 7 Shenae Year 7 Angel Year 8 Tyra Year 8 Ellie Year 9



Mindfulness and Meditation

Article by Ms Smith – Assistant Principal, SENCo and Deputy Designated Safeguarding Lead



Winter Showcase

Wednesday 14 December marked our winter showcase and our first large performance in our new school building. We had students from all year groups perform a variety of talents, including singing, drama, drumming and dancing, and the incredible staff band also made a reappearance. professionalism students showed resilience when performing. It can be daunting getting up on a stage in front of everyone, let alone when we've never had a stage or such a large hall to perform in. I am incredibly proud of all of them and the hard work they put in. Thank you to our hosts AK, Na'eemah, Lily and Veronica, who did a great job of keeping us informed of what was coming next. Thank you to all the teachers who were part of that evening, it was great to see so many staff, parents, students and alumni there supporting our students.



Article by Ms Hadley Subject Lead Performance Arts and Enrichment & Extra Curricular Lead



Trip - Dido's Bar

GCSE Music students came in during a teacher INSET day to attend the local performance of Dido's bar. Put on by an internationally known production company Dash Arts, Dido's bar told the mythical story of Dido and Aeneas. It was set in the present day and the story was told through the eyes of modern-day refugees.



Production company logo - Dash Arts

Students enjoyed the performance which included multiple types of traditional music, including Kurdish and Finnish. We were then treated to a personal discussion with the creator and director after the show where students got to ask their questions and find out more about the inspiration behind the show and what it takes to put on a touring production. Many students on the trip were inspired to pursue a career in the arts after this experience.



Scene from Dido's Bar

Article by Ms Hadley Subject Lead Performance Arts and Enrichment & Extra Curricular Lead

Reading

We know how important reading is at Oasis Academy Silvertown. Students who read well and read regularly are typically more successful at school, more empathetic and better prepared for study at college, 6th form or university.



App logo - Reading Plus

This term all of our students have been enrolled, assessed and are now using Reading Plus. Reading Plus is an app on every students' iPad which assesses children's reading ability and then sets them lessons designed specifically for their reading level. Completing these lessons will ensure that your child continues to progress well in reading. These lessons must be completed every week and will be checked by their English teacher. Students progressing well through their assigned lessons on Reading Plus will be rewarded through certificates and merits. Any student not completing all of their assigned lessons will receive a demerit each time that this is checked.



Over the holidays we have asked every student to choose a new book from the library and to read the whole thing before we return in January. Students have been given a book review template

to complete for their chosen book. These will be presented to learning coaching groups when students return to the academy in January.

Article by Ms Boxer Deputy Principal



Food and Nutrition

Many of our students have very much enjoyed starting food and nutrition lessons in our fantastic new kitchen. This term students have learned knife skills, frying, boiling, grilling, baking, making pasta and more. Our Year 10 Food and Nutrition GCSE group recently catered for the Winter Showcase, providing delicious baked goods. We are very proud of our budding chefs and look forward to more tasty treats being produced in our kitchen!



Year 7 Food and Nutrition Lessons

Article by Ms Boxer Deputy Principal



Year 11 Solo Performances Recital

On Wednesday 30 November, our Year 11 GCSE Music students each performed their solo pieces in front of parents and staff. We were very proud to hear a wide range of musical styles and strong performances from all students as a result of hard work, consistent practice and musical persistence.



Year 11 student performing at the Year 11 Solo Recital

Article by Ms Boxer Deputy Principal



Maths and Computing

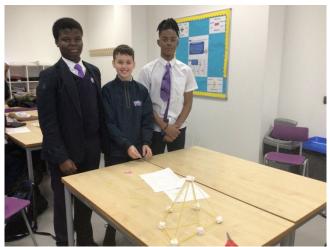
This term the Maths department supported in organising sessions for STEM day. There have been several exciting sessions such as engineering workshop where students had to build a paper bridge to hold a mass of up to 4kg; there was another engineering session where students made towers out of marshmallows and spaghetti which was very exciting for our students.



Year 7 and 8 students at the Science Museum

Some students took part in a trip to the Royal Observatory and other students were able to demonstrate their creative skills in an Origami workshop where they created Christmas trees,

bows, boats, snowflakes, flowers, wreaths and fish just to name a few. Students were very excited about the sessions they took part in and also got the opportunity to work in groups to share ideas about their creative skills.



Year 8 students with their architectural model made of spaghetti and marshmallows.



Macro photography photo taken by Tyra Year 9

Article by Mrs Grant-Nembhard Head of Learning Area - Maths



Meet our Family! Mr Jai Thakrar-Curtis - History/RE Teacher

Q: What is your role at Oasis Silvertown and what does a typical day look like for you?



Mr Jai Thakra-Curtis Teacher of History

I am a History and RE teacher at Oasis Silvertown. A typical day involves me teaching in Room 2.15, chatting to students at break and lunch and having meetings with my colleagues. Although a single day is never really 'typical' in teaching and there's always something exciting that happens!

Q: What do you love about your role?

I love that no two teaching days are the same. Young people bring their own energy to everything they do.

Q: What are your hobbies and interests?

I enjoy going to the gym and really love music. I play guitar, bass and sing. Catch me in the staff band!

Q: Why do you enjoy working at Oasis Silvertown and what have been the highlights of your time here?

I really like how supportive everyone is to each other and the open-door policy so you always feel that support in your lessons and can give that support by observing other teachers. One of my highlights was the Year 11 Cultural trip into central London. Another has been getting to know the students in my learning coaching group really well.

Article by Mr Thakrar-Curtis Teacher of History



Black History Month

In celebration of Black History Month, our students participated in a number of events across the academy. This year's theme was "Time for Change: Actions not Words." Our students took part in assemblies, and even made their own film sharing what "actions not words" means to them. Students have had the opportunity to enter competitions and received bespoke lessons celebrating black history in each of their subjects as well as in PSHE in coaching time. Every coaching group also made their own unique pledge to "actions not words."



On Monday 07 November we continued our celebrations by inviting parents to the academy for a short talk and Q&A session with Allyson Williams MBE and her daughter Symone Williams. Allyson's husband Vernon "Fellows" Williams was a founder member of the Notting Hill Carnival, and some years later, the family created their own costume band called Genesis Mas Band. It was a great privilege to have Allyson and Simone join us and we look forward to continuing to work with them in the future.

Thanks to Ms Phipps and Ms Kadir for our incredible Black History Month display in the dining hall.



BHM Dining Room Display

Article by Ms Thompson Principal



SAFER SCHOOLS APP

Safer Schools App – an amazing resource which can be used by parents to inform them of the latest safeguarding trends, and teach us all about how best to support the mental well-being of our young people. The app is easy to use and can be used on any smart phone/tablet. We strongly recommend all parents have this app! To do this, you need to download the app from the app store and then scan the QR code once you are inside the app.



Article by Mr Norman-Walker Teacher of English and Leadership Team Associate



Mental Health Update



PLACE2BE

Our Place2Be counsellor, Ms Patience, has settled in very well over the last term and continues to meet and work with our students to support their mental well-being. Some students have been receiving regular support, whilst the Place2Be room has also remained open for any students who feel like they need a space to talk and be heard, by a professional counsellor. It has been amazing to see the impact that counselling has had on some of our young people; we are grateful to Ms Patience for all her brilliant work. If you feel that your child could benefit from Place2Be please do contact the school in September to discuss this further.

Article by Mr Norman-Walker Teacher of English and Leadership Team Associate



Banks

We wish to continue the spirit of goodwill and belonging, set in motion during Community Enrichment Day. At Oasis, we are dedicated to investing in our communities and we wish to encourage this in our students. During our most recent Equality, Diversity and Inclusion Committee, we decided we wanted to be more active in addressing injustices and social barriers on a local level.

Our community is facing a tremendous cost-ofliving crisis. While we are actively seeking ways that we can support our students and their families, we need your help to make our efforts go even further!

It is likely that almost one in ten parents will be using a UK food bank in the next three months. You can help us by donating to the very food banks our students were helping at during our Community enrichment day. Your support is crucial to our efforts to support families in need.

If you're able, we'd love it if you could make a donation of any long lasting food items that you may not need. This includes cereals, canned

goods, UHT milk, cooking oils, and tinned fruit/vegetables. A more comprehensive list can be found online.

Thank you in advance for your contribution. Here are the local food banks to which you can make a donation:

Royal Docks Learning and Activity Centre https://www.rdlac.org

Newham district foodbank https://newhamdistrict.foodbank.org.uk

Community Food Enterprise

https://www.c-f-e.org.uk

Newham Foodbank https://newhamfoodbank.org.uk

Churches Foodbank
http://www.churchesfoodbank.org.uk

To facilitate, donations can also be made to the school and we will deliver to the food banks on your behalf.

Article by Miss Ahmed Teacher of Science, KS3 Science Lead and ECT Coordinator



Second-hand Uniforms

If you would like to access second-hand uniform, this can be done by contacting our community partners, West Silvertown Foundation by emailing pauline@wsfroyaldocks.org. You will then receive instructions and next steps.



Article by Ms Thompson Principal



MCAS Reminder

Since February 2021 we have changed how we communicate with our parents and have rolled out the My Child At School App (MCAS). We are asking all parents to follow the instructions, provided in this link to our website https://www.oasisacademysilvertown.org/academ y-life/my-child-at-school-mcas to access step by step details on how to install the app on your phones, laptop or desktop. This will give you access to and allow you to receive:

- Messages from us
- Letters and reports
- Update your contact information
- Grant permission/consent
- · View your child's attendance
- View your child's timetable/classes
- · View our academic calendar



Bromcom's MyChildAtSchool Parental Portal (MCAS)

We strongly recommend that you use the mobile phone app, as this will send notifications to you immediately to alert you of new communications sent by the Academy, whereas laptops and desktops, do not have this notification option. By signing up with the app, it will be more convenient for you to access information, and we will be able to save money on text message fees and printing costs.

If you require assistance please contact the academy on office@oasissilvertown.org and we will be happy to support you.

Mrs DuCran PA to the Principal



ParentPay

We are a cashless school and do not accept any cash payments onsite. Instead we use ParentPay a handy app which allows parents to pay for a variety of items including, school uniform, trips, music lessons and school meals, to name a few.

If you have not yet activated your ParentPay account please can we ask that you do so, for ease of payment for any items your child may need in the future.



To ensure that your child receives a school meal on the day they choose, all accounts must be in credit.



- 1. Set yourself a reminder on Sunday evening to check and top up your account for your child's school meal.
- 2. Credit your account with enough funds to last the week. Meals per day cost £2.30 and meals for the full week cost £11.50.

If you require assistance with this please contact the academy on office@oasissilvertown.org and we will be happy to support you. If you are experiencing financial difficulties, please contact the academy to speak directly to a member of the Leadership Team, who will be able to offer advice and support.

What if I qualify for FSM (Free School Meals)? If you believe that your child/ren may qualify for entitlement to Free School Meals please visit our website:

https://www.oasisacademysilvertown.org/uploade d/Silvertown/News and Events/Letters Home/2 020-

2021/Is your child eligible for free school me als.pdf or contact the office for more details by emailing office@oasissilvertown.org, and we will be able to assist you further. This allowance is a statutory right and it is important that you use it if you qualify.

Mrs DuCran PA to the Principal



Key Dates – Reminder for 2023

Event	Date
INSET Days	06 January
	17 April
	23 June
Bank Holidays	02 January
	07 April
	10 April
	01 May
	29 May
	28 August
Parents' Evenings	
Year 10	16 January
Year 8	06 February
Year 7	27 February
Year 11	20 March
Events	
Year 9 Options Evening	02 February
Years 7 – 10 Expressive	08 February
Arts Enrichment Day	
Year 11 Mock Exams	20-February to
	03 March
Year 9 Parents' and	08 March to
Students Option 1:1	13 March
Meetings	10 Maron
Years 7 – 10 Community	28 March
Enrichment Day	20 (((a) 0))
Year 10 Networking	30 March
Evening	

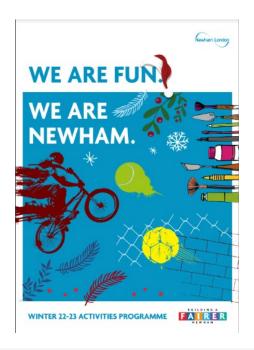
Term dates for 2022/2023 are now published on the academy website and can be found here: https://www.oasisacademysilvertown.org/academy-life/term-dates



Winter Activities in Newham

Click on the link below to access information on what winter family activities Newham are offering during the holiday period.

https://www.newham.gov.uk/downloads/file/5445/winter-2022-activities-brochure-a4





Article by Mr Gordon - Assistant Principal and Designated Safeguarding Lead $\,$

Newham advice on staying healthy



Article by Mr Gordon - Assistant Principal and Designated Safeguarding Lead



Services for Families



At Silvertown, we are committed to supporting all of our students and their families during these uncertain and challenging times. If you feel that anyone in your family needs to talk to someone, seek support from a service or find out more details on what is available, we hope the providers listed below will help address your needs.

If you or your family are in immediate danger, please contact the emergency services by dialling 999. If you are concerned about the safety or welfare of a child, please contact Newham MASH:

https://families.newham.gov.uk/kb5/newham/directory/family.page?familychannel=7

Name of the	What does the service offer?	Contact Details
service	What does the service offer?	Somast Betans
National Online Safety	A breadth of interactive services, which parents can access to support with parenting, mental health, wellbeing and other useful tips during self-isolation and government guidance. This service also offers an instant messaging app to support you with your questions and queries	Website https://nationalonlinesafety.com/guides General enquires hello@nationalonlinesafety.com Telephone 0800 368 8061
Newham Council	Where to find help is set out on the council's website.	Website https://www.newham.gov.uk/ Telephone 0208 430 2000 (Mon-Fri, 8.30-5pm)
Childline	A service which is available for all children to use for support on managing anxiety, domestic abuse, helping a friend, reporting online abuse, depression, boosting your mood and eating habits. This service also has an instant messaging service which is designed to help navigate you to the right areas and seek the support you need.	Website https://www.childline.org.uk Telephone 0800 1111
Family Lives	Support for parents on mental health, relationships, bullying, development and more. This service offers a phone line service and an additional skype service too. This service is operational between the hours of 9am – 9pm Monday to Friday and 10am – 3pm on Saturday and Sunday.	Website <u>www.familylives.org.uk</u> Telephone 0808 800 2222 Skype <u>www.skype.com</u> (open Skype Dialler and call 0808 800 2222)
Yellow Door	A service, which is available for children to access and gain the support from domestic and sexual abuse. The helplines are open between 12:00 – 3pm Monday – Friday and equally offers a Polish service by calling 02380 636313 within the same timings.	Website https://www.yellowdoor.org.uk Telephone 02380 636313

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Simon Says	A service, which is designed to help	Website <u>www.simonsays.org.uk</u>
	children and young people affected by bereavement. You can also sign up and follow Simon Says via Facebook.	Telephone 02380 647550
	Tollow Sillion Says via Facebook.	
Scams	Please be aware that there are a number	Government Website
	of scams at the moment. Please take care.	https://www.gov.uk/government/news/be- vigilant-against-coronavirus-scams
		vigilarit-against-coronavirus-scams
HeadStart	HeadStart Newham is a mental health	Website:
	service improving lives for young people	https://www.headstartnewham.co.uk/
	and families in Newham. The service is	
	funded by The National Lottery	
	Community Fund and delivered in	
	partnership with The London Borough of	Telephone
Kooth	Newham. Kooth, from XenZone, is an online	020 33739983 E: Website:
Rootii	counselling and emotional well-being	https://www.kooth.com/
	platform accessible through mobile, tablet	TREPS:// WWW.ROOKH.GOTH/
	and desktop and free at the point of need.	
Place2Be	Place2Be is a children's mental health	Website:
	charity with over 25 years' experience	https://www.place2be.org.uk
	working with pupils, families and staff in	T
	UK schools. They provide mental health	Text help to 85258
West	support. Relieve people in need and hardship	Website:
Silvertown	Encourage healthy living	https://wsfroyaldocks.org/
Foundation	Advance life-long learning	The part of the pa
	Celebrate the arts and our rich cultural and	
	historic heritage	
	Help to create a vibrant and sustainable	
Local	social and physical environment Newham has created a database on the	Website
Information	OAS Linked website where you can search	https://www.oasisacademysilvertown.org/upl
Imormation	for help, guidance and service. Here, you	oaded/Silvertown/Academy Life/Safeguardi
	can find information and support on:	ng/Covid 19/Support for Newham Families
		<u>.pdf</u>
	Food bank	
	Food parcels	
	Support services Halplings	
	HelplinesCommunity based support groups	
	Debt management	
Internet	Internet matters guide on;	Website:
matters.org		
	Getting screen time balances	https://www.internetmatters.org/issues/scree
	Screen time age guides	<u>n-time</u>
	Parent's tope screen time tips	
	Get tips on learning safe internet access	
	for your child.	